



At Bay View Community Center's Emergency Food Pantry, we strive to offer our customers a selection of nourishing, culturally inclusive, and accessible foods. We welcome a wide variety of donations; whenever possible, we especially appreciate items that fall into these categories:



FRUITS & VEGETABLES

- Canned fruits (packed in juice or light syrup)
- Canned vegetables (low sodium preferred)
- Dried or freeze-dried fruits and veggies
- 100% fruit or vegetable juice



GRAINS

- Brown, wild, or white rice
- Whole grain or fortified pasta
- Whole grain or enriched cereals (low sugar)
- Oats and oatmeal



PROTEINS

- Canned beans and legumes
- Peanut butter and nut butters
- Canned meats (chicken, tuna, salmon)
- Shelf-stable plant-based proteins (tofu, beans, etc.)



DAIRY & ALTERNATIVES

- Shelf-stable milk or alternatives (almond, oat, etc)
- Packaged cheese or yogurt cups
- Dry or powdered milk



OTHER ESSENTIALS

- Cooking oils (olive, canola, vegetable, etc)
- Baking supplies (sugar, flour, baking soda, etc)
- Herbs & spices, salt, pepper
- Broths and soups (low sodium preferred)
- Baby formula and baby food

WE ALSO VALUE:

- Culturally familiar foods that serve diverse traditions
- Items with simple ingredient lists and minimally added sugar or salt
- Foods suitable for special diets (gluten-free, high-fiber, low-sodium, etc)



NON-FOOD ITEMS

Household items and personal hygiene products are also a huge help to our customers. Please also consider donating:

- Regular or travel-size hygiene items (soap, shampoo, lotion, baby powder)
- Toothbrushes/toothpaste/mouthwash
- Menstrual products
- Disposable razors
- Diapers (children or adult)
- Toilet paper, paper towels, hygiene wipes
- Cleaning products
- Laundry detergent

WE ACCEPT DONATIONS:

Monday-Friday, 8:30am-4:00pm

Saturdays, 9:30am-12:30pm



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